
Workshop Session Descriptions and Times

Workshop Attendee Suggestion Key

S	H	T	Pe	P
Spanish Speaker	Health Care	Teacher	Parent Educator	Parent

** Please note that these are only suggestions; not who should attend the workshop.
Please feel free to sign up for any of our wonderful workshops.*

-----Workshop Session A-----

9:30 -11:00 am

1A) “Relationships, Relationships, Relationships, it’s ALL about Relationships” (translated into Spanish) – Craig Hart, M. Ed.

(appropriate for: S, P, T, Pe)

Relationships are at the heart of who we have been, who we are, and who we will become. We are born for relationship, for connection, for interdependence. Babies, teens, adults grow and thrive in the presence of mutually supportive relationships of parents, caregivers, and early childhood professionals. Workshop participants will explore, discover and learn the principles of nurturing and growth fostering relationships with families and with one another in order to support thriving, happy, successful children.

2A) “Troubleshooting Breastfeeding Problems”– Dr. Mom (Marianne Neifert) M.D., M.T.S.

(appropriate for: H, P)

This presentation covers the prevention, recognition, and clinical management of the common maternal and infant breastfeeding difficulties that can lead to early weaning. Maternal problems to be addressed include: breast variations; acute and chronic sore nipples, including infection with bacteria and/or candida; plugged ducts and mastitis; and insufficient milk supply. Infant breastfeeding problems include a discussion of breastfeeding-related jaundice; the late pre-term infant; infant latch-on and suckling difficulties; and the “colicky” breast-fed infant. Participants will learn how to perform and interpret the results of infant feeding test-weights to measure milk intake during a breastfeeding session.

3A) “Finding the Gem in Every Child” – Constant Hine, MA ECE

(appropriate for: P, T, Pe)

The goal of this session is to develop positive interactions and authentic relationships between adults and children including practical strategies to find and focus on "what works" in every child. Participants will learn to authentically assess children's unique strengths, interests and passions and respectfully honor their unique individual qualities, and diverse cultural backgrounds.

4A) “Supporting Early Mathematics in the Early Childhood Classroom & Home” – Jenny Lerner M.Ed.

(appropriate for: T, P, Pe)

This workshop will provide an introduction of the following concepts:

- How to incorporate concrete activities and materials following: fundamental early math concepts, such as number sense, counting, logic and classification
- How to build on children’s knowledge, experience, culture and interests
- How to integrate math with other areas in the curriculum
- How to involve families

-----Keynote Address-----

12:00 – 1:30 pm

Keynote: “Fostering Young Children’s Social Competence” – Dr. Lilian Katz, Ph.D.

The evidence continues to grow that the foundation of social competence must be well under way during the first half-dozen years or the child faces several important risks throughout life. The basic elements of social competence will be defined, the underlying principles involved in supporting its development will be outlined, and general teaching strategies will be discussed.

-----Workshop Session B-----

2:00 – 3:30 pm

1B) “Apoyo a la Matemática Temprana en la Clase Pre-Escolar y en la Casa” – Jenny Lerner, M.Ed.

(appropriate for: S, T, Pe, P)

Esta conferencia ofrecerá una introducción de los siguientes conceptos:

- Cómo incorporar actividades concretas siguiendo los conceptos: fundamentales de matemáticas temprana, como el sentido del número, contando, la lógica y la clasificación
- Cómo usar el conocimiento que los niños ya tiene, sus experiencias, la cultura y los intereses
- Cómo integrar las matemáticas en otras áreas en el currículo
- Cómo involucrar a las familias

2B) “Relationships, Relationships, Relationships, it’s ALL about Relationships” – Craig Hart, M.Ed.

(appropriate for: P, T)

Relationships are at the heart of who we have been, who we are, and who we will become. We are born for relationship, for connection, for interdependence. Babies, teens, adults grow and thrive in the presence of mutually supportive relationships of parents, caregivers, and early childhood professionals. Workshop participants will explore, discover and learn the principles of nurturing and growth fostering relationships with families and with one another in order to support thriving, happy, successful children.

3B) “A Teacher’s Role in Supporting Social Competence” – Lilian Katz, Ph.D.

(appropriate for: T, Pe)

This workshop will follow-up on topics introduced during the keynote address. We will elaborate on specific techniques to use to support children's social development and discuss an approach to social competence assessment. Participants will be encouraged to share their questions and concerns relating to the teacher's role in responding to young children's needs for support in social development.

4B) “Promoting Healthy Self –Esteem in Children” – Dr. Mom (Marianne Neifert) M.D., M.T.S.

(appropriate for: P, H, T)

Of all the awesome responsibilities parents assume, few are more daunting than helping children develop healthy self-esteem. Self-esteem - a composite inner picture about one’s worth and competence - is one of the most important, and yet misunderstood, concepts in parenting! Our children's self-evaluation will impact their happiness, academic success, relationships, creativity, ambitions, perseverance, resilience, and problem-solving. The conviction that one is both loveable and capable does not make children conceited, selfish or spoiled, or engender a sense of entitlement. Rather, healthy self-esteem describes appropriate self-acceptance, self-love, and self-confidence that serve as the foundation for self-improvement and the basis for all social concern for others. No wonder instilling healthy self-esteem in our children has been called the ultimate yardstick of parenting! In this presentation, we will look at practical strategies for helping children feel infinitely worthy and able to handle the choices, challenges, and changes of life. We will learn how their daily interactions with children can either enhance or undermine self-esteem.

-----Workshop Session C-----

3:45 – 5:15 pm

1C) “Smart Start for All” – Constant Hine, MA ECE

(appropriate for: P, T)

This workshop introduces the 8 Multiple Intelligences. We will focus on how this systematic approach can increase the understanding of how to foster children's development, honor and meet their individual needs, and nurture the self esteem of each child by building on individual strengths and interests. We will explore practical ways to support children at home and in early childhood classrooms to develop and honor the diverse ways children develop, learn, and can be smart by using the framework of the 8 intelligences.

2C) “A Teacher’s Role in Supporting Social Competence (continued)” – Dr. Lilian Katz, Ph.D.

(appropriate for: T, Pe)

(Continued from Workshop Session 3B.) This workshop will follow-up on topics introduced during the keynote address. I will elaborate on specific techniques to use to support children's social development and discuss an approach to social competence assessment. Participants will be encouraged to share their questions and concerns relating to the teacher's role in responding to young children's needs for support in social development.

3C) “Discipline with Love and Limits” (translated into Spanish) – Dr. Mom (Marianne Neifert) M.D., M.T.S.

(appropriate for P, H, T)

Few aspects of parenting provoke as much trepidation as managing children’s behavior - and for good reason. Ineffective discipline methods can leave parents feeling frustrated and children feeling misunderstood, causing damage to the parent-child relationship. We will look at practical strategies to make discipline a positive learning experience that fosters cooperation, responsibility, and self-control, while strengthening the parent-child bond. You will learn specific techniques to promote desired behavior and how to choose a suitable response when rules are broken. Whether dealing with a toddler or a teen, participants will be empowered to enforce limits consistently in an atmosphere of love and affection, with respect for the individual child and her emerging independence. You will learn how to equip your children to handle difficult feelings, control their impulses, distinguish right from wrong, make good decisions, and solve tough problems.